

Ebenezer Minneapolis Campus Volunteer Opportunities!

**For more information, contact
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Truth Point Surveyor

We are recruiting 2-4 volunteers for a long term project conducting a survey of our residents. A 3 month commitment is requested for this position, schedule is flexible, possibly 6 hours/week. Ideal candidates will practice good confidentiality and boundary issues, have good social skills and be able to navigate a Notepad touch screen.



Food Shelf Volunteers

We are looking for volunteers to assist with an In-House Food Shelf program. Come and help us every **3rd Wednesday** of each month at **2:15-4:30pm**. You will be helping us carry in food, set up tables, handing out numbers, passing out food, and taking down. We need up to 12 volunteers. You will receive mandated Civil Rights training (20 minutes, before your first shift).

Dining Assistant Memory Care Residents

Our Memory Care residents need help eating their meals and volunteers work with our nursing staff. Training is provided. Breakfast is **7:45-9:00am**, lunch is **11:45am-1:00pm** and supper is **5:45-7:00pm**. This is a great position for people pursuing health care careers and working with the elderly.



Art or Music Classes

We are looking for 2 volunteers to assist with various art classes, sponsored by our Life Long Learning Program. We have **mosaic, clay classes, water color** and **memory tile** classes taking place throughout the year.



Contact us to find out when the next class starts. They usually run 6 to 8 weeks and a commitment for the entire 6 or 8 week program is appreciated. NO experience is necessary, just a willingness to help our residents participate.

One-to-One Visitor

Our Ebenezer Care Center (nursing home) residents love to have visitors. If you enjoy elders and appreciate the stories they tell, this is the perfect volunteer position for you. If you have a special hobby or interest in arts or sports, we can match you to a senior who would love to share their passion. Our residents also love volunteers to read to them too.



There are many possibilities for perfect matches! This position has a flexible schedule. However, our residents appreciate routine events. If you can volunteer **once a week for 1-2 hours** and commit to at least 3 months on a regularly scheduled visit, that works best.

Bingo Callers/Companions

Our **Loren on Park** Apartments residents need another **Bingo Caller** on Tuesday evenings from **5:45-8:15pm**.



Be a Bingo Companion to a resident at the **Care Center** on **Mondays** at **2:00-3:00pm** and/or **Thursdays** at **2:00-3:00pm**. This is a great activity to do with a friend.

Open Dining Escorts

Dining Room Assistants are needed for our main dining room for breakfast **7:00am-9:00am**, for lunch **11:00am-1:00pm** and for **supper 5:00pm-7:00pm** to distribute hand wipes and clothing protector napkins to our Care Center residents during their meal time. We also need **Open Dining Escorts** for breakfast, lunch and **dinner** during the same time frames. Volunteers help residents from our three floors get to the main dining room for their meals; this involves primarily pushing folks in wheelchairs.



Shopping Escort



Once a month our Ebenezer Care Center staff accompany our residents on a shopping outing to **Target** or **Wal-Mart**. Volunteers are needed to help escort our residents on these outings, many residents use wheelchairs and need volunteers to push them. Volunteers can meet at the Ebenezer Care Center and take transportation with the residents and staff to and from the store or meet at the store itself. Most outings are **mornings from 10am-12pm**. If you can assist, please contact us for specific dates and times. Volunteers must be a minimum of **18** years old.

Adult Day Program Activity Volunteer & Escorts

Our **Adult Day Center** needs **escorts** to bring participants to and from the front door to the adult day center in the lower level of the care center building on weekdays **8:30-9:30am** and **2:00-3:30pm**.



Program assistants are needed 8:30am-3:30pm too. If you have a **special talent** to share, we would love a one-time presentation too! Do you like flower arranging, leading a sing along, doing a craft, playing bingo, or sharing travel stories? Our Adult Day Center participants would love your special presentation!

Pianists

Do you play the **piano**? We have a great opportunity for you to practice your skills. We need pianists at our Care Center for the dinner hour **5:30-6:30pm** on **Tuesdays, Thursdays, and Fridays**.



You can also play the piano at **Ebenezer Park Apartments** at lunchtime from **11:30am – 12:30pm**. Choose a day **Monday – Friday**. Share your talents **once a month**, on the **3rd Wednesday** each month during our Food Shelf for residents.

Chapel Services Escort

We are looking for Chapel Escorts at the Care Center for Devotions on **Tuesdays** and **Thursdays, 8:45-10:00am**, for Catholic Mass on Fridays **8:45-10:00am**, and Worship Service on Sundays **9:00-10:00am**. Come worship with our residents!



Monthly Birthday Party

We could use **2-3** volunteers to help gather, serve food, clean-up, and escort residents back to their rooms at the **Care Center**. And of course, sing Happy Birthday! Parties are usually the **3rd or 4th Thursday** each month with volunteers needed at **2:00pm**.



Beauty Shop Escort

Do you love chatting with seniors? Our **Beauty Shop** manager at the Care Center needs volunteers on **Tuesdays 10am-12pm** and **Thursdays, 12:30 – 2:30pm** to **escort** residents to and from their rooms to the beauty shop for hair appointments. This involves pushing residents in wheelchairs and chatting with them along the way to a new hairdo!



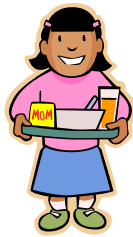
Hair Braiding and/or Manicures



Do you like to **braid hair**? We are looking for a couple of volunteers to do some special pampering for some of our Care Center ladies for a couple hours a week by braiding hair or painting nails of our residents.

Serve Meals to Seniors

Volunteers are needed to serve meals for our seniors at Ebenezer Park Apartments. Duties include setting tables, preparing the meal with the chef, serving the meal to about 30 seniors, and clearing and cleaning tables afterwards. Open volunteer shifts are **Monday through Friday from 10:00am – 1:00pm**. Sign up for once or twice a week.



Fine Dining Meal Servers



In addition to birthday parties at the **Care Center**, our residents also have a fine dining experience every other month. We try to make it as special as possible with nice dinnerware, music and soft lighting and we serve the residents in a relaxed, restaurant-style setting. Volunteers are encouraged to “dress-up” for the occasion to serve the residents. This event is **every other month on a Tuesday or Wednesday evening from 5:30-7:30pm**. We would love to have your assistance in this wonderful celebration.

Garden Club Volunteers



We are looking for weekly volunteer program assistants for each of our **Garden Clubs**. One or two volunteers are needed for the **Green Thumb Group**, which works with our memory care unit residents on **Tuesdays from 1:30-3:00pm**.

One or two weekly volunteers are needed to work with the **Ebenezer Care Center Garden Club** involving the rest of our Care Center residents on **Wednesdays 9:00-11:00 am**. Volunteers help our residents enjoy nature and craft projects and support our Horticultural Therapy Director.

Arts & Crafts Volunteer



Assist a staff member with gathering residents and participating in an **Arts & Crafts** class on **Tuesday** mornings at **10:00am** at the Care Center. Wheelchair safety training is provided.