

evolveSM

re-igniting self & community

Use your lifetime of experiences to make a better Golden Valley

Do you care about Golden Valley and want it to thrive? Do you have skills, talents and/or passions to share?

The Vital Aging Network's **Evolve: Re-igniting Self & Community** will help you discover your unique path to making a contribution, focus your energies and connect you with others to achieve more than you can do by yourself.

Increase your leadership skills and learn to design and implement projects that turn your ideas into action. Evolve participants call the class "transformational," "a most valuable experience," "stimulating," and "a great opportunity."

Want to learn more? Visit tiny.cc/GVevolve or contact Julie Roles at 651-895-3341 or jroles@vital-aging-network.org.

Eight Wednesdays

8:30 AM to 3:30 PM

January 4 to May 3, 2017

Golden Valley, MN, (location TBD)

(Meeting dates: Jan 4 and 18, Feb 1 and 15, March 15, Apr 5 and 19, May 3)

[Download the applications \(fillable PDF\)](#) or contact jroles@vital-aging-network.org at VAN for a printed copy.

Program sponsored by:



gvcfoundation.org

This course is supported by the Golden Valley Community Foundation



Cost: \$250

Those who live, work, volunteer or recently retired from a business or organization in Golden Valley qualify for this discounted rate. \$750 value.

Sliding fee may be available.

Fees include proven curriculum, course facilitator, materials, lunches and refreshments.

Registration information will be shared with the Vital Aging Network and the Golden Valley Community Foundation

Program provided by:

www.vital-aging-network.org
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Vital Aging Network