



CAREGIVING SUPPORT AND RESPITE CARE RESOURCES



Wednesday, August 5, 2026
10:30 to 11:30 AM



Oakdale Discovery Center
4444 Hadley Avenue N
Oakdale, MN 55128



Free



Register at
651-747-3860
or online at:



www.oakdalefun.com

OAKDALE Wellness50+

Learn about resources available to caregivers of aging relatives and friends from Family Means for residents in Washington County.

Oakdale Wellness 50+ is on Facebook. Search Facebook: Oakdale Wellness 50+

Connect with Oakdale Wellness 50+ by email at oakdalewellness50new@gmail.com

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